

## FRIENDSHIP CHARTER

*We will always try to  
be gentle with our hands  
use kind words  
listen to our friends  
look after each other  
be kind and helpful  
be honest and tell the truth*

*If things go wrong with our friendships, we will:*

*Talk to each other and try to sort it out*

*Ask for help*

*Talk to a grown-up*

*If we have been unkind, we will:*

*Say sorry and try to make it better*

*Together everyone can have courage and keep smiling!*



**Trinity Oaks**  
CofE Primary School

## **Friendship and anti-bullying at Trinity Oaks**

*A guide for parents*



*Friendship and Respect are 2 of the school's core  
Christian Values.*

*The safety and welfare of our children is very  
important to us and we know that children learn  
best when they are happy!*

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## How do we help children to develop positive friendships?

- All our staff act as strong positive role models and they take time to play with the children!
- Staff are vigilant and keep a close eye on how children are playing together.
- We have clear 'Golden rules' and 'Class charters' which children agree to
- We provide great resources and organised games at playtimes
- There are also quiet places and calm activities for children at playtimes
- The children choose 'Friendship buddies' to help them at playtimes
- They know they can visit the 'Friendship bench' if they want someone to play with
- In class we provide lots of opportunities to work together in pairs or groups.
- We plan fun team building activities such as problem solving, treasure hunts and den building
- Teachers explore issues and help children talk about problems through PSHE lessons and circle times
- Each year we hold a specially themed 'Friendship' week

## What happens when things go wrong.....?

From time to time all children of a similar age and size will find themselves disagreeing, arguing or even fighting. This can be very upsetting for the children involved but usually with support from adults at home and school children can resolve these problems themselves.

Staff at Trinity Oaks can help children by talking things through and giving them some good strategies for making and keeping friends. Sometimes our ELSA might run a friendship group with a small group of children to support them further.

## When does a friendship problem become bullying?

- When there is a deliberate and continuous intention by one child to hurt or humiliate another. This might involve a group of children and there may be bystanders.

- When there is an imbalance of size or power that makes it hard for a child to ignore, resist or defend themselves
- When one child is being targeted by another persistently over time

Remember that bullying can be verbal or emotional as well as physical

## What should you do if you think your child is being bullied?

- You know your child best so will probably notice if they are worried or anxious
- Listen to your child-but try not to put words in their mouth.
- Reassure them that there are people at school who can help them.
- Encourage your child to tell an adult straight away when there is a problem
- **Inform the school immediately. We always want to know when there is a problem**
- **Speak to your child's teacher, Mrs Johnson the Headteacher (and anti-bullying coordinator) or Mrs Whitford (our Home School Link Worker)**

It is always best to let the school take action rather than try to deal with the issue yourself

## What happens next?

- All bullying incidents are recorded and followed up
- Actions will be put in place to support your child
- The school will also work with the child who has been unkind to improve their behaviour.
- There will be an appropriate sanction, for example writing a letter of apology or missing an activity. **Parents are always informed.**

**Further information including the school's Behaviour and Anti-bullying policies can be found on the school website**

[www.trinityoaks.surrey.sch.uk](http://www.trinityoaks.surrey.sch.uk)