



Week 1

Autumn/Winter 2023/24 Menu

Weeks Starting:
30th Oct, 20th Nov,
11th Dec, 15th Jan, 5th Feb,
4th March and 25th March



Monday

Option 1

Cheese and Tomato Pizza with Pasta Salad

Option 2

Cheese and Tomato Pasta

Option 3

Jacket Potato with Tuna Mayo

Tuesday

Option 1

Beef and Vegetable Pasta Bake

Option 2

Sweet Potato Whirl with Potato Crispers

Option 3

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2

Quorn Sausage with Roast Potatoes and Gravy

Option 3

Tuna Pasta Bake

Thursday

Option 1

Spanish Chicken with Rice

Option 2

Meat Free Bolognese with Pasta

Option 3

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2

Cheese and Onion Slice with Oven Chips

Option 3

Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

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Seasonal Vegetables, Salad Bar, Fresh Bread

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Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Chef's Shortbread

Dessert:

Fruit Yoghurt

Dessert:

Chef's Flapjack

Dessert:

Toffee Apple Crumble with Custard

Dessert:

Mandarin Jelly



Vegetarian



Contains a minimum of 50% fruit

Twelve15

Week 2

Autumn/Winter 2023/24 Menu

Weeks Starting:
6th Nov, 27th Nov,
1st Jan, 22nd Jan,
19th Feb and 11th March



Monday

Option 1

Pasta Twists
with Tomato Sauce

Option 2

Bombay Beans
and Cheese Topped
Potato Crispers

Option 3

Jacket Potato
with Tuna

Sides

Seasonal Vegetables,
Salad Bar, Fresh
Bread

Dessert:

Shortbread Biscuit
with Fresh Fruit Slices

Tuesday

Option 1

Pork Sausages with
Creamy Potato and
Gravy

Option 2

Meat Free
Sausages with Creamy
Potato and Gravy

Option 3

Jacket Potato
with Tuna

Sides

Seasonal Vegetables,
Salad Bar, Fresh
Bread

Dessert:

Fruit Yoghurt

Wednesday

Option 1

Roast Gammon
with Roast Potatoes
and Gravy

Option 2

Meat Free Lattice
Slice with Roast
Potatoes and Gravy

Option 3

Pesto Pasta

Sides

Seasonal Vegetables,
Salad Bar, Fresh
Bread

Dessert:

Raspberry Ripple Vanilla
Ice Cream Sponge Roll

Thursday

Option 1

Spaghetti
Bolognese

Option 2

Bean Burrito
with Salad

Option 3

Jacket Potato
with Tuna

Sides

Seasonal Vegetables,
Salad Bar, Fresh
Bread

Dessert:

Chocolate Pear
Sponge with Custard

Friday

Option 1

Fish Fingers with
Oven Chips

Option 2

Meat Free Hot Dog
with Oven Chips

Option 3

Jacket Potato
with Tuna

Sides

Seasonal Vegetables,
Salad Bar, Fresh
Bread

Dessert:

Butterscotch
Tart



Vegetarian



Contains a minimum of 50% fruit

Twelve15

Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:
13th Nov, 4th Dec,
8th Jan, 29th Jan,
26th Feb and 18th March



Monday

Option 1

Pesto Pasta

Option 2

Vegetable Pasta

Option 3

Jacket Potato with Tuna Mayo

Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Fruit Yoghurt

Tuesday

Option 1

Beef Burger in a Bun with Oven Chips

Option 2

Meat Free Burger in a Bun with Oven Chips

Option 3

Tomato Pasta

Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Apple Sponge with Custard

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2

Cauliflower & Broccoli Cheese with Roast Potatoes and Gravy

Option 3

Tomato Pasta

Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Vanilla Ice Cream

Thursday

Option 1

Keralan Chicken and Butternut Squash Curry with Rice

Option 2

Keralan Spinach and Butternut Squash Curry with Rice

Option 3

Tomato Pasta

Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Peaches with Custard

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2

Vegan Nuggets with Oven Chips

Option 3

Tomato Pasta

Sides

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:

Chocolate Cookie



Vegetarian



Contains a minimum of 50% fruit